DEEP HEART WORLD PRISON SK RUN & WALK

TUESDAY, SEPTEMBER 2ND



3 JOIN WITH US AND THOUSANDS OF OTHER MEN AND WOMEN WHO ARE INCARCERATED IN THE USA AND OTHER COUNTRIES BY WALKING, JOGGING, OR RUNNING A 5K (3.1 MILES) ON SEPTEMBER 2ND. THIS DAY WE WILL ALL "SYNCHRONIZE" AND THINK. AND PRAY FOR EACH OTHER WHEREVER WE ARE IN THE WORLD.

READY? HERE WE GO AGAIN: SO AT ANY TIME ON SEPTEMBER 2ND. WHEN AND WHERE PERMITTED BY FACILITY STAFF. YOU WALK OR RUN 5K (3.1 MILES). AND ALL ACROSS AMERICA, ALSO IN COLOMBIA, MEXICO, BRAZIL, SCOTLAND, POLAND, IRELAND, ROMANIA, AND OTHER COUNTRIES, OUR BROTHERS AND SISTERS WHO ARE INCARCERATED WILL BE RUNNING "WITH YOU" IN SPIRIT ON THE SAME DAY. - FOR THOSE WHO HAVE KIDS AND FAMILY. INVITE THEM TO DO THE SAME ON THE OUTSIDE (INFO & PRINTABLE RACE BIBS ON OUR WEBSITE). FOR THOSE WHO DO NOT. WE ARE YOUR FAMILY. AND EACH OF US AT DEEP HEART. WHEREVER WE ARE IN THE WORLD. WE WILL BE OUT RUNNING TOO. WITH YOU ON OUR HEARTS AND MINDS. SO BROTHER, OR SISTER, KEEP YOUR HEAD UP. KEEP YOUR HEART UP. AND ALWAYS.... KEEP... MOVING... FORWARD. "LET US RUN WITH ENDURANCE THE RACE THAT IS SET BEFORE US..." (HEB.12:2. 1PT.5:9).

09.02.25

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